



KCCRT CONNECTION

August 2016

Kentucky Community Crisis Response Board

KCCRB NEWS

- ◆ **NEW KCCRT Intervention Pocket Guides** and **KCCRT Thumb Drives** are being distributed to members in good standing at Regional Team Trainings, if you did not attend the 2016 KCCRT Annual Conference. Be sure to show up to get your STUFF! See Quarterly Training schedule below!
- ◆ **Team Stats for Last Month:**

July 1 – July 31, 2016
Total Incidents: 2
Total Response Services: 8
New Team Members: 0
Renewing Team Members: 1
Applicants: 1 new, 16 total



REGIONAL NEWS

REGION 2 New Member



Donna Woodward, Program Manager of Crisis Services at Pennyroyal MH Center, joins the team as a Level 2 member.

Donna and her daughter live in Greenville (Muhlenberg Co.) and has been with Pennyroyal since 2004.

She obtained her extended Bachelor's Degree in Psychology with a Minor in Social Work from Western Kentucky University.

REGION 3 New Members

Eileen Arnold, MSW, CSW a Transitional Retiree and Social Work Instructor at Eastern Kentucky University, joins the team as a Level 1 member!

Eileen lives and works in Bowling Green. She received her BA in Educational Psychology at University of Kentucky and her MSW from Indiana University. Her research interests include: field instruction; spirituality and work; using quality improvement and management processes to improve social services.



Michelle Borjas, MSW, CSW, MSM, a Therapist with Wilson Counseling in Bowling Green, joins the team as a Level 1 member. Michelle received her education from Austin Peay State University and has 13 years of experience from active military and civilian work with the Department of Defense.

She is experienced as Domestic Violence and Sexual Assault Victim Advocate and is certified as a Department of Defense Sexual Assault Victim Advocate. Michelle maintains an extensive knowledge of military and civilian community resources, treatment planning, crisis intervention, and linking clients to resources.

REGION 6 New Member

Kim Powell, BSW, Mental Health and Behavioral Consultant, joined the team as a Level 1 member.

Kim is a Family Resource Center Coordinator with Shelby County Schools and Shelby County Alternative Schools.

She received her education at Indiana University-Purdue University at Indianapolis.



Welcome to the Team!

THE ART OF RESPONDING

Timing is everything! Well, almost.

When KCCRT responds to provide crisis intervention, the specific group intervention models vary depending on the time that has lapsed since they experienced their "incident." While timing is a major factor, it is not the only consideration in determining which group intervention will be the most appropriate.

Other factors include whether or not all the people in the given group experienced the same incident, or if some are just part of the staff but didn't experience the trauma.

The level of anger, anguish or frustration can be key in determining if an interactive group intervention might be risky versus doing an Informational Briefing. A Defusing, for instance, is designed to be done within the first 8-12 hours after the incident, and before the personnel go home and begin to normalize. However, there are times when the emotions/rawness are high, and participants need to process the incident through an interactive intervention even up to two days later. It just depends.

Several years ago, the Critical Incident Stress Debriefing (CISD) was done a lot, especially with first responders. Over time, best practices identified the CISD cannot be a first intervention. Other interventions that assist the team in assessing need for the CISD are to be done first. Unfortunately, many of the agencies that have used our services over the years may ask for a Debriefing because that is what they know. However, it is incumbent on the team leader and staff to help them understand what the most appropriate intervention is now and why.

Bottom Line: The situation has to be assessed by the staff when the call comes in, and then reassessed by the team leader once onsite.

STAY CONNECTED LINKS

- [FACEBOOK](#) (*for team members only*)
- [KHELPS](#)
- TEXT MESSAGE (Important Info Blasts) Text 40404 with message "Follow KCCRT1"
- [TWITTER](#) (Important Info Blasts)

KCCRT Connection [Editors](#)
 Kentucky Community Crisis Response Board
 111 St. James Ct., Suite B, Frankfort, KY 40601
 502.607.5781

Did you miss the previous issues?

Visit <http://kccrb.ky.gov/about/newsletters/>

QUARTERLY TRAINING

| REGION | DATE, TIME, LOCATION |
|--------|--|
| 4 & 10 | 8/26/2016 5:30pm Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY |
| 2 | 9/8/2016 5:30pm cst Pennyroyal MH Board, 607 Hammond Plaza, Hopkinsville, KY |
| 9 | 9/12/2016 1:00pm Prestonsburg, KY |
| 5 | 9/19/2016 6:00pm Hardin Co. EMS, 1450 Rineyville Road, Elizabethtown, KY |
| 8 | 10/11/2016 6:00pm Morehead Fire Dept., 135 Flemingsburg Rd, Morehead, KY 40351 |
| 11 | 10/13/2016 6:00pm Lex. Fire Training Center, 1375 Old Frankfort Pike Lexington |
| 1 | 10/27/2016 6:00pm cst Four Rivers Behavioral Health, 1539 Cuba Rd Mayfield KY 42066 |
| 6 | 11/17/2016 6:30pm MFPD1, 108 Urton Lane, Louisville, 40229 |
| 12 | 11/14/2016 6:00pm KCCRB, 111 St. James Ct., Suite B, Frankfort, KY |
| 7 | 11/15/2016 6:00pm Cathie's, Edgewood, KY 41017 |
| 3 | 11/18/2016 6 pm cst Bowling Green, KY |
| 5 | 11/21/2016 6:00PM Nelson Co. Sheriff's Office, 210 Plaza Drive Bardstown, KY 40004 |
| 4 & 10 | 12/2/2016 5:30pm Shopville-Stab Vol. Fire Dept., 331 Stab Rd., Somerset, KY |
| 9 | 12/12/2016 1:00pm Prestonsburg, KY |

COURSES

Register for training by going to training website at <http://kccrb.ky.gov> and clicking on REGISTER NOW. Complete the registration form and submit.

| | | |
|-------------|---|--------------|
| Sept. 6-8 | Assisting Individuals & Group Crisis Intervention Combo | Hopkinsville |
| Sept. 13-16 | Assisting Individuals & Group Crisis Intervention Combo <i>* Current LEO Team Members only. Subject to seat availability.</i> | Frankfort |
| Oct. 5-7 | Pastoral Crisis Intervention I & II Combo | Morehead |

Group and Individual Crisis Intervention Courses are required for Level 2. If you took either of these classes prior to 2010, we recommend you take a refresher by attending a Group course.

Courses are being scheduled now.

[Check the Training Calendar for Complete List!](#)

Links for all online courses at [KCCRB Online Training](#)